



THE W-SEXUAL WOMEN'S ADDICTION SCREENING TEST (W-SAST)

The Female Sexual Screening Addiction Test (W-SAST) is designed as a preliminary assessment screening for sexual addiction. The W-SAST provides a profile of responses that frequently help to identify women with sexual impulse disorders. To complete the test, answer each question by placing a check in the appropriate **Yes/No** box. A high score may indicate issues of sexual addiction, which would require further exploration with a professional clinician.

- Yes No 1. **Were you sexually abused as a child or adolescent?**
- Yes No 2. **Do you regularly purchase romance novels or sexually explicit magazines?**
- Yes No 3. **Have you stayed in romantic relationships after they become emotionally or physically abusive?**
- Yes No 4. **Do you often find yourself preoccupied with sexual thoughts or romantic daydreams?**
- Yes No 5. **Do you feel that your sexual behavior is not normal?**
- Yes No 6. **Does your spouse (or Significant other)s every worry or complain about your sexual behavior?**
- Yes No 7. **Do you have trouble stopping your sexual behavior when you know it is inappropriate?**
- Yes No 8. **Do you ever feel bad about your sexual behavior?**
- Yes No 9. **Has your sexual behavior ever created problems for you and your family?**
- Yes No 10. **Have you ever sought help for sexual behavior you did not like?**
- Yes No 11. **Have you ever worried about people finding out about your sexual activities?**
- Yes No 12. **Has anyone been hurt emotionally because of your sexual behavior?**
- Yes No 13. **Have you ever participated in sexual activity in exchange for money or gifts?**
- Yes No 14. **Do you have times when you act out sexually followed by periods of celibacy (no sex at all)?**
- Yes No 15. **Have you made efforts to quit a type of sexual activity and failed?**
- Yes No 16. **Do you hide some of your sexual behavior from others?**
- Yes No 17. **Do you find yourself having multiple romantic relationships at the same time?**
- Yes No 18. **Have you ever felt degraded by your sexual behavior?**
- Yes No 19. **Has sex or romantic fantasies been a way for your to escape your problems?**
- Yes No 20. **When you have sex, do you feel depressed afterwards?**
- Yes No 21. **Do you regularly engage in sado-masochistic behavior?**
- Yes No 22. **Has your sexual activity interfered with your family life?**
- Yes No 23. **Have you been sexual with minors?**
- Yes No 24. **Do you feel controlled by your sexual desired or fantasies of romance?**
- Yes No 25. **Do you ever think that your sexual desire is stronger than you are?**